Brandt D. Pence

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PubMed

Scholar
Scholar

ORCiD

ResearchGate

Education

2019-Present Graduate Certificate

Data Science, expected May 2022 Bioinformatics, awarded Dec 2020

University of Memphis, Memphis, TN, USA

2007-2012 **Doctor of Philosophy**, awarded May 2012

Exercise Physiology, specialization in Exercise Immunology University of Illinois at Urbana-Champaign, Urbana, IL, USA

2003-2007 Bachelor of Arts, awarded May 2007

Movement and Sports Sciences

Purdue University, West Lafayette, IN, USA

Appointments

2016-Present Assistant Professor

College of Health Sciences

Center for Nutraceutical and Dietary Supplement Research

University of Memphis, Memphis, TN, USA

2012-2016 Postdoctoral Research Associate

Department of Kinesiology and Community Health

University of Illinois at Urbana-Champaign, Urbana, IL, USA

2007-2012 Research and Teaching Assistant

Department of Kinesiology and Community Health

University of Illinois at Urbana-Champaign, Urbana, IL, USA

2006-2007 Undergraduate Laboratory Assistant

Department of Health and Kinesiology Purdue University, West Lafayette, IN, USA

Research Interests

- Regulation of monocyte and macrophage metabolism, inflammatory responses, and function by aging
- Molecular links between cellular senescence, inflammaging, and immunosenescence
- Function and phenotype of senescent monocytes and macrophages
- Immunometabolic regulation of atherosclerosis
- Exercise and nutritional interventions to promote immune health in aging and disease
- Macrophage and monocyte contributions to pathogenesis of SARS-CoV-2 and COVID-19

Grant Activity

Current External Support

University of Tennessee Health Science Center 08/01/2020 – 07/31/2021

UTHSC/UofM SARS-CoV-2/COVID-19 Research CORNET Award

Determination of inflammatory and fibrotic markers in SARS-CoV-2 infected macrophages and fibroblasts

Co-Principal Investigator (Ted Cory, Co-PI, UTHSC)

\$50,000

American Heart Association

07/01/2019 - 06/30/2022

Transformational Project Award (19TPA34910232)

Mdivi-1 as an immunometabolic regulator to treat atherosclerosis

Principal Investigator

\$300,000

University of Washington Nathan Shock Center

07/01/2019 - 06/30/2020

Nathan Shock Center Metabolomics Pilot Award

Metabolomics for the effect of GDF-15 on monocyte immunosenescence

Principal Investigator

\$10,000

American Heart Association

04/01/2018 - 01/31/2021

AHA Institutional Research Enhancement Award (18AIREA33960189)

Glycolytic metabolism and cellular function in monocytes from older adults

Principal Investigator

\$154,000

Current Internal Support

FedEx Institute of Technology

05/01/2019 - 12/31/2020

Agriculture and Food Technologies Research Cluster Pilot Grants

A plant-derived polyphenol modulates immunity through metabolic

reprogramming of innate immune cells

Principal Investigator

\$10,000

University of Memphis

01/01/2019 - 12/31/2020

School of Health Studies Faculty Research Grant

Modulation of LPS responses in mice by EGCG and Mdivi-1

Principal Investigator

\$7,500

Completed Support

American College of Sports Medicine

08/01/2018 - 12/31/2019

Foundation Research Endowment (17-00497)

Aging, exercise, and metabolic function in monocytes

Principal Investigator

\$10,000

University of Memphis

01/01/2017 - 12/31/2018

School of Health Studies Faculty Research Grant

Maternal nutrition and offspring immune response to RSV infection in mice

Principal Investigator

\$7,500

Completed Support cont.

American College of Sports Medicine

07/01/2014 - 04/01/2016

Foundation Research Endowment (2014-03746)

Exercise and immune response to vaccinia infection in mice

Principal Investigator

\$10,000

Gatorade Sports Science Institute

07/15/2009 - 08/31/2013

Student Grant Program (2010-00224)

Carbohydrate supplementation and DTH response to exhaustive exercise

Principal Investigator

\$3,340

Sigma Xi

01/01/2012 - 12/31/2012

Grants-in-Aid of Research (G20111015158327)

Macrophage function in obesity and influenza infection

Principal Investigator

\$1,000

Midwest American College of Sports Medicine

01/01/2012 - 12/31/2012

Student Research Project Award

NLRP3 inflammasome activity in obesity, wound healing, and exercise

Principal Investigator

\$500

American College of Sports Medicine

07/01/2009 - 06/30/2010

Foundation Student Grant (2009-03689) Wound healing and exercise in diabetic mice

Principal Investigator

\$4,956

Publications

Peer Reviewed Publications *†senior/corresponding author*

- †42. **Pence BD**. Atypical monocytes in COVID-19: Lighting the fire of cytokine storm? *Journal of Leukocyte Biology* 109: 7-8, 2021. Commentary. 10.1002/JLB.5CE0920-613R
- †41. **Pence BD**, Yarbro JR, Emmons RS. Growth differentiation factor-15 is associated with age-related monocyte dysfunction. *Aging Medicine*. (in press). 10.1002/agm2.12128
- †40. Yarbro JR, Emmons RS, Pence BD. Macrophage immunometabolism and inflammaging: Roles of mitochondrial dysfunction, cellular senescence, CD38, and NAD. *Immunometabolism* 2(3): e200026, 2020. Review. 10.20900/immunometab20200026
- †39. **Pence BD**. Fanning the flames of inflammaging: Impact of monocyte metabolic reprogramming. *Immunometabolism* 2(3): e200025, 2020. Commentary. 10.20900/immunometab20200025
- †38. **Pence BD**. Severe COVID-19 in aging: Are monocytes the key? *GeroScience* 42: 1051-1061, 2020. Review. 10.1007/s11357-020-00213-0
- 37. Nieman DC, **Pence BD**. Exercise immunology: Future directions. *Journal of Sport and Health Science*. 9(5): 432-445, 2020. Review. 10.1016/j.jshs.2019.12.003
- †36. Yarbro JR, **Pence BD**. Classical monocytes from older adults maintain capacity for metabolic compensation during glucose deprivation and lipopolysaccharide stimulation. *Mechanisms of Ageing and Development* 183: 111146, 2019. 10.1016/j.mad.2019.111146

Peer Reviewed Publications cont. †senior/corresponding author

- 35. Sun Y, **Pence BD**, Wang SS, Woods JA. Effects of exercise on stress-induced attenuation of vaccination responses in mice. *Medicine and Science in Sports and Exercise* 51(8): 1635-1641, 2019. 10.1249/MSS.0000000000001971
- 34. Smith DL, Friedman N, Bloom SI, Armero WL, **Pence BD**, Fernhall B, Horn GP, Woods JA. Firefighting induces acute inflammatory responses that are not relieved by aspirin in older firefighters. *Journal of Occupational and Environmental Medicine* 61(7): 617-622, 2019. 10.1097/JOM.00000000001626
- †33. **Pence BD**, Yarbro JR. Classical monocytes maintain ex vivo glycolytic metabolism and early but not later inflammatory responses in older adults. *Immunity & Ageing* 16: 3, 2019. 10.1186/s12979-019-0143-1
- 32. Mailing LJ, Allen JM, **Pence BD**, Rytych J, Sun Y, Bhattacharya TK, Park P, Cross TW, McCusker RH, Swanson K, Fahey GC, Rhodes JS, Kelley KW, Johnson RW, Woods JA. Behavioral response to fiber feeding is cohort dependent and associated with gut microbiota composition in mice. *Behavioural Brain Research* 359: 731-736, 2019. 10.1016/j.bbr.2018.09.012
- †31. Yarbro JR, **Pence BD**. Monocytes in aging and exercise. *Exercise Medicine* 2: 15, 2018. Review. 10.26644/em.2018.015
- †30. **Pence BD**, Yarbro JR. Aging impairs mitochondrial respiratory capacity in classical monocytes. **Experimental Gerontology** 108: 112-117, 2018. 10.1016/j.exger.2018.04.008
- †29. **Pence BD**, Ryerson MR, Bravo Cruz AG, Woods JA, Shisler JL. Voluntary wheel running does not alter mortality to or immunogenicity of vaccinia virus in mice: A pilot study. *Frontiers in Physiology* 8: 1123, 2018. 10.3389/fphys.2017.01123
- Pence BD, Bhattacharya TK, Park P, Rytych JL, Allen JM, Sun Y, McCusker RH, Kelley KW, Johnson RW, Rhodes JS, Woods JA. Long-term supplementation with EGCG and beta-alanine decreases mortality but does not affect cognitive or muscle function in aged mice. *Experimental Gerontology* 98: 22-29, 2017. 10.1016/j.exger.2017.08.020
- Pence BD, Bhattacharya TK, Park P, Rytych JL, Allen JM, Sun Y, McCusker RH, Kelley KW, Johnson RW, Rhodes JS, Woods JA. Dose-dependent decrease in mortality with no cognitive or muscle function improvements due to dietary EGCG supplementation in aged mice. *Applied Physiology, Nutrition,* and Metabolism 42(5): 495-502, 2017. 10.1139/apnm-2016-0530
- 26. Klaren RE, Stasula U, Steelman AJ, Hernandez J, **Pence BD**, Woods JA, Motl RW. Effects of exercise in a relapsing-remitting model of experimental autoimmune encephalomyelitis. *Journal of Neuroscience Research* 94(10): 907-914, 2016. 10.1002/jnr.23783
- 25. Cook MD, Allen JM, **Pence BD**, Wallig MA, Gaskins HR, Woods JA. Exercise and gut immune function: Evidence of alterations in colon immune homeostasis and microbiome characteristics with exercise training. *Immunology and Cell Biology* 94(2): 158-163, 2016. 10.1038/icb.2015.108
- 24. **Pence BD**, Gibbons TE, Bhattacharya TK, Mach HC, Ossyra JM, Petr G, Martin SA, Wang L, Rubakhin SS, Sweedler JV, McCusker RH, Kelley KW, Rhodes JS, Johnson RW, Woods JA. Differential effects of voluntary wheel running and a diet containing EGCG and β-alanine on physical function and gene expression in skeletal muscle of aged mice. *Applied Physiology, Nutrition, and Metabolism* 41(2): 181-190, 2016. 10.1139/apnm-2015-0372
- 23. Bhattacharya TK, **Pence BD**, Ossyra JM, Gibbons TE, Perez S, McCusker RH, Kelley KW, Johnson RW, Woods JA, Rhodes JS. Dietary supplementation with (-)-Epigallocatechin-3-gallate and/or β-Alanine does not enhance pro-cognitive or physical fitness effects of voluntary wheel running in young adult male BALB/cJ mice. **Physiology & Behavior** 145: 29-37, 2015. 10.1016/j.physbeh.2015.03.023

Peer Reviewed Publications cont. *equal contribution

- 22. Allen JM, Berg Miller ME, **Pence BD**, Whitlock K, Nehra V, Gaskins HR, White BA, Fryer JD, Woods JA. Voluntary and forced exercise differentially alter the gut microbiome in C57Bl/6J mice. **Journal of Applied Physiology** 118(8): 1059-1066, 2015. 10.1152/japplphysiol.01077.2014
- 21. Woods JA, **Pence BD**. Physical activity, exercise, and the immune system: Three lines of research that have driven the field. *Kinesiology Review* 4: 118-125, 2015. Review. 10.1123/kr.2014-0086
- Leckie RL, Oberlin LE, Voss MW, Prakash RS, Szabo-Reed A, Chaddock-Heyman L, Phillips SM, Gothe N, Mailey E, Vieira-Potter VJ, Martin SA, Pence BD, Lin M, Parasuraman R, Greenwood PM, Fryxell KJ, Woods J, McAuley E, Kramer AF, Erickson KI. BDNF mediates improvements in executive function following a 1-year exercise intervention. Frontiers in Human Neuroscience 8: 985, 2014. 10.3389/fnhum.2014.00985
- 19. Gibbons TE*, **Pence BD***, Petr G, Ossyra JM, Bhattacharya TK, Perez S, Martin SA, McCusker RH, Kelley KW, Rhodes JS, Johnson RW, Woods JA. Voluntary wheel running, but not a diet containing EGCG and β-alanine, improves learning and memory and hippocampal neurogenesis in aged mice. **Behavioural Brain Research** 272:131-140, 2014. 10.1016/j.bbr.2014.05.049
- Markofski MM, Carrillo AE, Timmerman KL, Jennings K, Coen PM, Pence BD, Flynn MG. Exercise training modifies ghrelin and adiponectin concentrations and is related to inflammation in older adults. *The Journals of Gerontology, Series A: Biological Sciences and Medical Sciences* 69(6): 675-681, 2014. 10.1093/gerona/glt132
- 17. **Pence BD**, Woods JA. Exercise, obesity, and cutaneous wound healing: Evidence from rodent and human studies. *Advances in Wound Care* 3(1): 71-79, 2014. Review. 10.1089/wound.2012.0377
- Cook MD, Martin SA, Williams C, Wallig MA, Pence BD, Woods JA. Forced treadmill exercise training exacerbates inflammation and causes mortality while voluntary wheel training is protective in a mouse model of colitis. *Brain Behavior and Immunity* 33: 46-56, 2013. 10.1016/j.bbi.2013.05.005
- 15. Thorum SC, Hester SN, Comstock SS, Monaco MH, **Pence BD**, Woods JA, Donovan SM. Dietary (1,3/1,6)- β -D-glucan decreases transforming growth factor β expression in the lung of the neonatal piglet. **Nutrition Research** 33(4): 322-331, 2013. 10.1016/j.nutres.2013.02.006
- 14. Martin SA, **Pence BD**, Greene R, Johnson S, Dantzer R, Kelley KW, Woods JA. Voluntary wheel running has no effect on LPS-induced inflammation or sickness behavior in aged mice. **Brain Behavior and Immunity** 29: 113-123, 2013. 10.1016/j.bbi.2012.12.014
- Voss MW, Erickson KI, Prakash RS, Chaddock L, Kim JS, Alves H, Szabo A, White SM, Wojcicki TR, Mailey EL, Olson EA, Gothe N, Potter VV, Martin SA, Pence BD, Cook MD, Woods JA, McAuley E, Kramer AF. Neurobiological markers of exercise-related brain plasticity in older adults. Brain Behavior and Immunity 28: 90-99, 2013. 10.1016/j.bbi.2012.10.021
- Pence BD, DiPietro LA, Woods JA. Exercise speeds cutaneous wound healing rate in high-fat diet-induced obese mice. *Medicine and Science in Sports and Exercise* 44(10): 1846-1854, 2012. 10.1249/MSS.0b013e31825a5971
- 11. Hester SN, Thorum SC, Comstock SS, Monaco MH, **Pence BD**, Woods JA, Donovan SM. Intestinal and systemic immune development are unaffected by dietary (1,3/1,6)-β-D-glucan supplementation of neonatal piglets. *Clinical and Vaccine Immunology* 19(9): 1499-1508, 2012. 10.1128/CVI.00338-12
- 10. **Pence BD**, Lowder TW, Keylock KT, Vieira Potter VJ, Cook MD, McAuley E, Woods JA. Relationship between systemic inflammation and delayed-type hypersensitivity response to candida antigen in older adults. **PLoS One** 7(5): e36403, 2012. 10.1371/journal.pone.0036403
- Pence BD, Hester SN, Donovan SM, Woods JA. Dietary whole glucan particles do not affect antibody or cell-mediated responses to influenza virus vaccination in mice. *Immunological Investigations* 41(3): 275-289, 2012. 10.3109/08820139.2011.628732

Peer Reviewed Publications cont.

- Anderson-Hanley C, Arciero PJ, Brickman AM, Nimon JP, Okuma N, Westen SC, Merz ME, Pence BD, Woods JA, Kramer AF, Zimmerman EA. Exergaming and older adult cognition: A cluster randomized controlled trial. *American Journal of Preventive Medicine* 42(2): 109-119, 2012. 10.1016/ j.amepre.2011.10.016
- 7. **Pence BD**, Martin SA, Woods JA. Effects of exercise on immunosenescence in aged populations. *American Journal of Lifestyle Medicine* 5(3): 238-246, 2011. Review. 10.1177/1559827610392317
- Erickson KI, Voss MW, Prakash RS, Basak C, Szabo A, Chaddock L, Kim JS, Heo S, Alves H, White SM, Wojcicki TR, Mailey E, Vieira VJ, Martin SA, Pence BD, Woods JA, McAuley E, Kramer AF. Exercise training increases size of the hippocampus and improves memory. Proceedings of the National Academy of Sciences USA 108(7): 3017-3022, 2011. 10.1073/pnas.1015950108
- Coen PM, Flynn MG, Markofski MM, Pence BD, Hannemann RE. Adding exercise to rosuvastatin treatment: influence on C-reactive protein, monocyte toll-like receptor 4 expression and inflammatory monocyte (CD14+CD16+) population. *Metabolism* 59: 1775-1783, 2010. 10.1016/j.metabol.2010.05.002
- Erickson KI, Prakash RS, Voss MW, Chaddock L, Heo S, McLaren M, Pence BD, Martin SA, Vieira VJ, Woods JA, Kramer AF. BDNF is associated with age-related decline in hippocampal volume. *Journal of Neuroscience* 30(15): 5368-5375, 2010. 10.1523/JNEUROSCI.6251-09.2010
- 3. Martin SA, Pence BD, Woods JA. Exercise and respiratory tract viral infection. *Exercise and Sports Sciences Reviews* 37(4): 157-164, 2009. Review. 10.1097/JES.0b013e3181b7b57b
- Coen PM, Flynn MG, Markofski MM, Pence BD, Hannemann RE. Adding exercise training to rosuvastatin treatment: influence on serum lipids and biomarkers of muscle and liver damage. *Metabolism* 58(7): 1030-1038, 2009. 10.1016/j.metabol.2009.03.006
- Timmerman KL, Flynn MG, Coen PM, Markofski MM, Pence BD. Exercise training-induced lowering of inflammatory (CD14+CD16+) monocytes: a role in the anti-inflammatory influence of exercise? Journal of Leukocyte Biology 84(5): 1271-1278, 2008. 10.1189/jlb.0408244

Manuscripts in Progress

1. Sun Y, Mailing LJ, **Pence BD**, Allen JM, McCusker RH, Rhodes JS, Kelley KW, Fahey GC, Swanson K, Johnson RW, Woods JA. Dietary fiber and voluntary wheel running synergistically improve spatial memory accuracy in mice. (in prep)

Book Chapters

- 2. Woods JA, Sun Y, **Pence BD**. Exercise, aging, and immunity. *Lifestyle Medicine*, **3rd ed**. J.M. Rippe (Ed.). New York: CRC Press. 2019.
- 1. Woods JA, **Pence BD**, Martin SA, Cook MD. Exercise, aging, and immunity. *Lifestyle Medicine*, **2nd ed**. J.M. Rippe (Ed.). New York: CRC Press. 2013.

Published Abstracts

- 41. **Pence BD**. Recombinant SARS-CoV-2 spike protein mediates glycolytic and inflammatory activation in human monocytes. *Innovation in Aging* 4(S1): 955, 2021. 10.1093/geroni/igaa057.3493
- 40. Yarbro JR, **Pence BD**. Metabolic flexibility in classical monocytes is not affected by age. *Innovation in Aging* 3(S1): S105, 2019. 10.1093/geroni/igz038.392
- 39. **Pence BD**, Yarbro JR. Growth differentiation factor 15 is correlated to markers of immunosenescence in monocytes. *Innovation in Aging* 3(S1): S103, 2019. 10.1093/geroni/igz038.387
- 38. **Pence BD**, Yarbro JR. Aging alters respiratory but not glycolytic capacity in human monocytes. *Innovation in Aging* 2(S1): 91-92, 2018. 10.1093/geroni/igy023.347

Published Abstracts cont.

- 37. **Pence BD,** Ryerson MR, Bravo-Cruz AG, Woods JA, Shisler JL. Voluntary wheel running and response to vaccinia virus infection and inoculation in mice. *Medicine and Science in Sports and Exercise* 49(5S): 196-197, 2017. 10.1249/01.mss.0000517376.41290.eb
- 36. **Pence BD,** Ryerson MR, Bravo-Cruz AG, Woods JA, Shisler JL. Voluntary wheel running in mice is safe during vaccinia virus infection and does not impair vaccine responses. *FASEB Journal* 31(1S): lb740, 2017. 10.1096/fasebj.31.1 supplement.lb740
- 35. Woods JA, Allen JM, Rytych J, Sun Y, Pence BD, Bhattacharya TK, Park P, Liu TW, Swanson K, Fahey GC, Rhodes JS, Kelley KW, Johnson RW. Cohort differences in learning and memory in response to fiber feeding in genetically identical C57Bl/6J mice: A relationship to the gut microbiota? *Brain Behavior and Immunity* 57S: e40, 2016. 10.1016/j.bbi.2016.07.133
- 34. Sun Y, **Pence BD**, Garg K, Dvoretskiy SV, Niemiro GM, Allen JM, De Lisio M, Boppart MD, Woods JA. Acute eccentric exercise does not improve primary antibody responses to ovalbumin vaccination in mice. *Medicine and Science in Sports and Exercise* 48(5S): 85, 2016. 10.1249/01.mss.0000485262.62741.6a
- Pence BD, Bhattacharya TK, Rytych JL, Park P, Allen JM, Sun Y, McCusker RH, Kelley KW, Johnson RW, Rhodes JS, Woods JA. Effects of dietary fiber and exercise on cognition, muscle function, and SCFA in young mice. *Medicine and Science in Sports and Exercise* 48(5S): 522, 2016. 10.1249/ 01.mss.0000486569.15440.e0
- 32. Mailing L, Allen J, Liu TW, Bhattacharya T, Park P, **Pence B**, Johnson R, Swanson K, Rhodes J, Woods J. Pectin feeding for 16 weeks improves learning and memory in young C57Bl/6J mice: A relationship to the gut microbiota? **FASEB Journal** 30(1S): 683.10, 2016. 10.1096/fasebj.30.1_supplement.683.10
- 31. **Pence BD,** Bhattacharya TK, Rytych JL, Park P, Allen JM, Sun Y, McCusker RH, Kelley KW, Johnson RW, Rhodes JS, Woods JA. Dietary fiber and exercise: Effects on muscle function, cognition, and short-chain fatty acids in mice. *FASEB Journal* 30(1S): 1287.3, 2016. 10.1096/fasebj.30.1_supplement.1287.5
- 30. **Pence BD,** Bhattacharya TK, Rytych JL, Park P, Allen JM, Sun Y, McCusker RH, Kelley KW, Johnson RW, Rhodes JS, Woods JA. EGCG decreases mortality in a dose-dependent fashion but does not improve cognition in mice. *FASEB Journal* 30(1S): 407.1, 2016. 10.1096/fasebj.30.1_supplement.407.1
- 29. Klaren RE, Steelman AJ, **Pence B**, Woods JA, Motl RW. Effects of voluntary exercise on the pathogenesis of experimental autoimmune encephalomyelitis. *International Journal of MS Care* 17: S73, 2015. 10.7224/1537-2073-17.s1.1
- 28. **Pence BD**, Woods JA. Metabolic activation: A potential mechanism for exercise-induced phenotypic switch in macrophages. *Medicine and Science in Sports and Exercise* 47(5S): 716, 2015. 10.1249/01.mss.0000478681.15510.ae
- Sun Y, Pence B, Pishevar N, Boppart M, Woods JA. Acute eccentric or concentric exercise does not improve antibody responses to ovalbumin vaccination in mice. *Medicine and Science in Sports and Exercise* 47(5S): 715, 2015. 10.1249/01.mss.0000478677.48683.41
- Allen JM, Panasevich MR, Pence BD, Sun Y, Dilger RR, Woods JA. Acute exercise increases short chain fatty acids in the mouse cecum. *Medicine and Science in Sports and Exercise* 47(5S): 488, 2015. 10.1249/01.mss.0000477775.91526.d6
- 25. Woods JA, Pence BD, Bhattacharya TK, Park P, Sun Y, Rytych JL, Allen JM, McCusker RH, Kelley KW, Johnson RW, Rhodes JS. Diet containing EGCG and beta-alanine decreases mortality, but has no effect on cognitive function and variably affects muscle function in aged mice. *Medicine and Science in Sports and Exercise* 47(5S): 336, 2015. 10.1249/01.mss.0000466053.97076.3e

Published Abstracts cont.

- 24. **Pence BD,** Bhattacharya TK, Park P, Sun Y, Rytych JL, Allen JM, McCusker RH, Kelley KW, Johnson RW, Rhodes JS, Woods JA. A diet containing EGCG and beta-alanine decreases mortality and improves balance in aged mice, but does not affect cognitive function. **FASEB Journal** 29(1S): 392.4, 2015. 10.1096/fasebj.29.1 supplement.392.4
- 23. Allen JM, Wang J, Pence BD, Cook MD, Whitlock K, Molitor M, Woods JA. Short bouts of voluntary wheel running reduce the inflammatory insult of ulcerative colitis in C57Bl/6J mice. *Brain Behavior and Immunity* 40S: e40, 2014. 10.1016/j.bbi.2014.06.158
- Pence BD, Gibbons TE, Bhattacharya TK, Mach HC, Ossyra JM, McCusker RH, Kelley KW, Rhodes JS, Johnson RW, Woods JA. Impact of exercise and/or beta-alanine and EGCG on muscle function and inflammation in aged mice. *Medicine and Science in Sports and Exercise* 46(5S): 77, 2014. 10.1249/01.mss.0000493399.19727.94
- 21. Ossyra J, Mach H, Bhattacharya T, Gibbons T, **Pence B**, Woods J, Johnson R, Rhodes J. The influence of nutritional supplementation with epigallocatechin gallate and β-alanine in combination with physical exercise on adult hippocampal neurogenesis and contextual fear conditioning in young adult Balb/cJ mice. **FASEB Journal** 28(1S): 124.5, 2014. 10.1096/fasebj.28.1_supplement.629.4
- Pence BD, Gibbons TE, Bhattacharya TK, Mach HC, Ossyra JM, McCusker RH, Kelley KW, Rhodes JS, Johnson RW, Woods JA. Impact of exercise and/or beta-alanine and epigallocatechin gallate on muscle function and oxidative stress in aged mice. FASEB Journal 28(1S): 1027.2, 2014. 10.1096/fasebj.28.1 supplement.1027.2
- 19. Gibbons TE, **Pence BD**, Bhattacharya TK, Mach HC, Ossyra JM, McCusker RH, Kelley KW, Rhodes JS, Johnson RW, Woods JA. Diet, exercise, neurogenesis, and cognition. *FASEB Journal* 28(1S): 1025.4, 2014. 10.1096/fasebj.28.1_supplement.1025.4
- Woods JA, Cook MD, Martin SA, Williams C, Whitlock K, Wallig M, Pence BD. Forced treadmill
 exercise exacerbates inflammation and causes mortality while voluntary wheel training is protective
 in a mouse model of colitis. *Brain Behavior and Immunity* 32S: e19, 2013. 10.1016/
 j.bbi.2013.07.076
- 17. **Pence BD**, Woods JA. Sex differences in healing rate of cutaneous wounds in mice: No impact of exercise. *Medicine and Science in Sports and Exercise* 45(5S): 231, 2013. 10.1249/01.mss.0000433662.68486.39
- Woods JA, Martin S, Pence B, Greene R, Johnson S, Dantzer R, Kelley K. Effect of wheel running on sickness behavior and inflammation in aged mice. *Medicine and Science in Sports and Exercise* 44(5): S242, 2012. 10.1249/01.mss.0000417528.45625.44
- Pence BD, Martin SA, Woods JA. Effects of exercise on wound healing and wound tissue inflammation in obese mice. *Brain Behavior and Immunity* 25(S2): S211, 2011. 10.1016/ j.bbi.2011.07.115
- Pence BD, Martin SA, Woods JA. Exercise speeds wound healing rate in diet-induced obese mice.
 Medicine and Science in Sports and Exercise 43(5): S34, 2011. 10.1249/ 01.MSS.0000402815.19397.38
- 13. Martin SA, **Pence BD**, Cady M, Antao NN, Haas NL, Woods JA. Diet-induced obesity does not exacerbate the peak peripheral and central inflammatory response to LPS in C57/Bl6J mice. **Brain Behavior and Immunity** 24(S1): S196, 2010. 10.1016/j.bbi.2010.07.197
- Cady M, Woods JA, Baynard T, Wilund KR, Valentine RJ, Martin SA, Cortez F, Pence BD. Reduced adipose tissue hypoxia as a potential mechanism by which exercise and/or low fat diet reduces inflammation in obese mice. *Brain Behavior and Immunity* 24(S1): S198, 2010. 10.1016/j.bbi.2010.07.199

Published Abstracts cont.

- 11. **Pence BD**, Hester SN, Martin SA, Donovan SM, Woods JA. No effect of dietary yeast beta-glucan on antibody or cell-mediated response to influenza virus vaccine. *Brain Behavior and Immunity* 24(S1): S92, 2010. 10.1016/j.bbi.2010.07.093
- 10. Jae SY, Heffernan K, Woods J, Vieira V, Martin S, **Pence B**, Fernhall B. Acute systemic inflammation increases central blood pressure and pulse wave velocity in healthy subjects. *Circulation* 120: S1006, 2009.
- Timmerman KL, Flynn MG, Coen PM, Markofski MM, Pence BD. Exercise training does not influence CD8+ phenotype or mitogen-activated TNF-α production in previously-sedentary inactive elderly. Medicine and Science in Sports and Exercise 41(5): S400, 2009. 10.1249/ 01.MSS.0000355389.27178.fb
- Martin SA, Dumich SA, O'Connor JC, Pence BD, Kelley KW, Dantzer R, Woods JA. Voluntary wheel
 running does not attenuate LPS induced sickness behavior in CD-1 mice. Medicine and Science in
 Sports and Exercise 41(5): S401, 2009. 0.1249/01.MSS.0000355396.65296.56
- Pence BD, Martin SA, Vieira VJ, Keylock KT, Woods JA. Aerobic exercise does not improve delayedtype hypersensitivity to tetanus or candida in older adults. *Medicine and Science in Sports and Exercise* 41(5): S401, 2009. 10.1249/01.MSS.0000355395.57672.99
- Markofski MM, Flynn MG, Timmerman KL, Coen PM, Pence B. Exercise training increases adiponectin in elderly males and females. *Japanese Journal of Physical Fitness and Sports Medicine* 58(1): 205, 2009. 10.7600/jspfsm.58.169
- 5. Martin S, **Pence B**, Vieira V, McAuley E, Woods J. Exercise training-induced improvements in antibody responses to influenza vaccination in older adults are related to changes in cardiovascular fitness. *The Physiologist* 51(6): 348, 2008.
- 4. Coen P, Flynn M, Markofski M, **Pence B**, Carrillo A, Bell J, Hannemann R. The effect of combined statin therapy and exercise training on mediators of inflammation. *The Physiologist* 51(6): 346, 2008.
- 3. Carrillo AE, Flynn MG, Timmerman KL, Coen PM, Markofski MM, **Pence BD**. Changes in plasma ghrelin is associated with human monocyte phenotype following exercise training. *Medicine and Science in Sports and Exercise* 40(5): S433, 2008. 10.1249/01.mss.0000322844.57519.95
- Pence BD, Vieira VJ, Baynard T, Keylock KT, Lowder TW, Woods JA. Effect of cardiovascular exercise on CRP levels in previously sedentary older men and women. FASEB Journal 22: 1175.11, 2008. 10.1096/fasebj.22.1 supplement.1175.11
- Timmerman KL, Flynn MG, Coen PM, Markofski MM, Pence BD, Woodall NJ. The influence of physical activity level on monocyte subpopulations. *Medicine and Science in Sports and Exercise* 38(11): S38, 2006.

Conference Abstract Co-Author co-authored contributions not published in academic journals

- 9. Yarbro JR, **Pence BD**. Metabolic flexibility in classical monocytes is not affected by age. Oklahoma Geroscience Symposium, 2019.
- 8. Bhattacharya TK, Park P, Rendeiro C, **Pence BD**, Cobert AJ, Swanson KS, Fahey GC, Johnson RW, Kelley KW, McCusker RH, Woods JA, Rhodes JS. Mice consuming a diet containing pectin fiber but not EGCG display cognitive benefits on the Morris water maze. Society for Neuroscience, 2015. Abstract 535.12.
- 7. Allen JM, Panasevich MR, **Pence BD**, Sun Y, Dilger RN, Woods JA. Acute exercise increases short chain fatty acid concentrations in the mouse cecum. Illinois Brain Behavior and Immunity Meeting, 2015.

Conference Abstract Co-Author cont.

- Sun Y, Pence B, Pishevar N, Boppart M, Woods JA. Acute eccentric or concentric exercise does not improve antibody responses to ovalbumin vaccination in mice. Illinois Brain Behavior and Immunity Meeting, 2015.
- 5. Oberlin LE, Voss MW, Prakash RS, Szabo S, Wojcicki T, Martin SA, **Pence BD**, Phillips SM, Mailey E, Woods JA, McAuley E, Kramer AF, Erickson KI. Interleukin-6 mediates the association between aerobic fitness and executive function in an older adult population. Cognitive Aging Conference, 2014.
- 4. Rhodes JS, Ossyra JM, Mach HC, Bhattacharya TK, Gibbons T, **Pence BD**, Woods JA, Johnson RW. The influence of nutritional supplementation with epigallocatechin gallate and β-alanine in combination with physical exercise on adult hippocampal neurogenesis and contextual fear conditioning in young adult BALB/cJ mice. Society for Neuroscience, 2013. Abstract 192.04.
- 3. Alvarez TA, Turney IC, Lecki R, Voss MW, Prakash RS, Chaddock L, Szabo A, Mailey E, White SM, Wojcicki TR, Vieira VJ, Martin SA, **Pence BD**, Woods JA, McAuley E, Kramer AF, Erickson KI. Aerobic fitness moderates an age-related decline in serum BDNF. Cognitive Aging Conference, 2012.
- 2. Woods J, Martin S, **Pence B**, Cook M, Greene R. Exercise as a means of reducing acute and chronic inflammation: Impact on health. International Society for Exercise and Immunology, 2011.
- Voss MW, Erickson KI, Prakash RS, Basak C, Chaddock L, Kim JS, Alves H, Heo S, Szabo AN, White SM, Wojcicki TR, Mailey EL, Olson EA, Gothe N, Potter VV, Martin SA, Pence BD, Cook MD, Woods JA, McAuley EM, Kramer AF. Neurobiological markers on plasticity of brain networks in a randomized intervention trial of exercise training in older adults. 2nd Biennial International Conference on Resting-State Functional Brain Connectivity, 2010.

Non-Peer Reviewed Contributions

1. **Pence BD**, Woods JA. Active voice: Exercise speeds healing in obese mice. *ACSM Sports Medicine Bulletin*. 18 Sept 2012. Invited commentary on Pence *et al. Med Sci Sports Exerc* 44: 1846-54, 2012.

Presentations

Contributed Presentations

- 33. Recombinant SARS-CoV-2 spike protein mediates glycolytic and inflammatory activation in human monocytes. Gerontological Society of America Annual Meeting, 2020. (Virtual Poster)
- 32. Immunometabolic activation of monocytes by SARS-CoV-2 spike protein suggests potential therapeutic role of geroprotector drugs. American Aging Association Meeting, 2020. (Virtual Poster)
- 31. Growth differentiation factor 15 is correlated to markers of immunosenescence in monocytes. Gerontological Society of America Annual Meeting, 2019. Austin, TX. (Poster)
- 30. GDF-15 is correlated with monocyte immunosenescence indicators. American Aging Association Annual Meeting, 2019. Burlingame, CA. (Poster)
- 29. Growth/Differentiation Factor-15 is correlated to markers of immunosenescence in monocytes. Oklahoma Geroscience Symposium, 2019. Oklahoma City, OK. (Poster)
- 28. Aging alters respiratory but not glycolytic capacity in human monocytes. Gerontological Society of America Annual Meeting, 2018. Boston, MA. (Poster)
- 27. Aging alters respiratory but not glycolytic capacity in human monocytes. Nathan Shock Center Symposium, University of Alabama-Birmingham, 2018. Birmingham, AL. (Poster)

Contributed Presentations cont.

- 26. Aging impairs monocyte mitochondrial respiration and increases proportion of non-classical phenotype. Keystone Symposium on Aging, Inflammation and Immunity, 2018. Austin, TX. (Poster)
- 25. Voluntary wheel running and response to vaccinia virus infection and inoculation in mice. ACSM Annual Meeting, 2017. Denver, CO. (Slide)
- 24. Voluntary wheel running in mice is safe during vaccinia virus infection and does not impair vaccine responses. Experimental Biology 2017. Chicago, IL. (Poster)
- 23. Effects of dietary fiber and exercise on cognition, muscle function, and SCFA in young mice. ACSM Annual Meeting, 2016. Boston, MA. (Poster)
- 22. EGCG decreases mortality in a dose-dependent fashion but does not improve cognition in mice. Experimental Biology 2016. *Emerging Leaders in Nutrition Science Poster Competition, ASN*. San Diego, CA. (Poster)
- 21. EGCG decreases mortality in a dose-dependent fashion but does not improve cognition in mice. Experimental Biology 2016. San Diego, CA. (Slide)
- 20. Dietary fiber and exercise: Effects on muscle function, cognition, and short-chain fatty acids in mice. Experimental Biology 2016. San Diego, CA. (Poster)
- 19. EGCG decreases mortality in a dose-dependent fashion but does not improve cognition in mice. Cognition, Lifespan Engagement, Aging, and Resilience (CLEAR) Initiative, Beckman Institute, University of Illinois at Urbana-Champaign. Urbana, IL. (Poster)
- 18. Diet containing EGCG and beta-alanine decreases mortality, but has no effect on cognitive function and variably affects muscle function in aged mice. ACSM Annual Meeting, 2015. San Diego, CA. (Poster)
- 17. Metabolic activation: A potential mechanism for exercise-induced phenotypic switch in macrophages. ACSM Annual Meeting, 2015. San Diego, CA. (Slide)
- 16. A diet containing EGCG and beta-alanine decreases mortality and improves balance in aged mice, but does not affect cognitive function. Experimental Biology 2015. Boston, MA. (Slide)
- 15. A diet containing EGCG and beta-alanine decreases mortality and improves balance in aged mice, but does not affect cognitive function. Experimental Biology 2015. *Emerging Leaders in Nutrition Science Poster Competition, ASN*. Boston, MA. (Poster)
- 14. A diet containing EGCG and beta-alanine decreases mortality and improves balance in aged mice, but does not affect cognitive function. Experimental Biology 2015. *The Postdoctoral Research Award Competition, ASN*. Boston, MA. (Slide)
- 13. Voluntary wheel running and a diet containing EGCG and Beta-alanine: Effects on cognition and muscle function. Illinois Brain Behavior and Immunity Meeting, 2015. Chicago, IL. (Slide)
- 12. Impact of exercise and/or beta-alanine and EGCG on muscle function and inflammation in aged mice. ACSM Annual Meeting, 2014. Orlando, FL. (Poster)
- 11. Impact of exercise and/or beta-alanine and epigallocatechin gallate on muscle function and oxidative stress in aged mice. Experimental Biology 2014. San Diego, CA. (Poster)
- 10. Sex differences in healing rate of cutaneous wounds in mice: No impact of exercise. ACSM Annual Meeting, 2013. Indianapolis, IN. (Poster)
- 9. Treadmill exercise ameliorates delayed healing in obese versus lean mice. MWACSM Annual Meeting, 2011. Indianapolis, IN. (Slide)
- 8. Exercise influence on wound healing and tissue inflammation in obese high-fat diet-fed mice. 10th ISEI Conference, 2011. Oxford, UK. (Slide)

Contributed Presentations cont.

- 7. Effects of exercise on wound healing and wound tissue inflammation in obese mice. 18th PNIRS Conference, 2011. Chicago, IL. (Slide)
- 6. Exercise speeds wound healing rate in diet-induced obese mice. ACSM Annual Meeting, 2011. Denver, CO. (Thematic Poster)
- 5. No effect of dietary yeast beta-glucan on antibody or cell-mediated response to influenza virus vaccine. 17th PNIRS Conference, 2010. Dublin, Ireland. (Poster)
- 4. Associations between gene expression of Toll-like receptor 4 and markers of inflammation in adipose tissue: the role of exercise. 9th ISEI Conference, 2009. Tübingen, Germany. (Poster)
- 3. Aerobic exercise does not improve delayed-type hypersensitivity to tetanus or candida in older adults. ACSM Annual Meeting, 2009. Seattle, WA. (Poster)
- Exercise training-induced improvements in antibody responses to influenza vaccination in older adults are related to changes in cardiovascular fitness. APS Integrative Biology of Exercise V, 2008. Hilton Head, SC. (Poster)
- 1. Effect of cardiovascular exercise on CRP levels in previously sedentary older men and women. Experimental Biology, 2008. San Diego, CA. (Poster)

Institutional Seminars

- 3. Dysfunction in macrophages and monocytes: Links to metabolism, aging, and cellular senescence. Biomedical Engineering Seminar, University of Memphis. Feb 21, 2020.
- 2. Monocyte and macrophage metabolism in aging and heart disease. School of Health Studies Research Seminar, University of Memphis. Nov 22, 2019.
- 1. Aging and monocyte immune function. School of Health Studies Lunch 'n' Learn, University of Memphis. Apr 13, 2018.

Awards and Recognition

External Awards

- 2019 Selectee, Summer Training Course in Experimental Aging Research, National Institute of Aging
- 2018 Travel Award, Keystone Symposium on Aging, Inflammation and Immunity, Agilent Technologies
- 2016 Finalist, Emerging Leaders in Nutrition Science, American Society for Nutrition
- 2015 **Postdoctoral Research Award**, American Society for Nutrition
- 2015 Finalist, Emerging Leaders in Nutrition Science, American Society for Nutrition
- 2011 Outstanding Graduate Student Award, Midwest American College of Sports Medicine
- 2011 Early Career Research Award, International Society for Exercise and Immunology
- 2011 Trainee Scholar Award, Psychoneuroimmunology Research Society
- 2003 National Merit Finalist, National Merit Scholarship Corporation

Internal Awards

- 2020 MVP Award, College of Health Sciences, University of Memphis
- 2009 Graduate College and Departmental Travel Awards, University of Illinois Urbana-Champaign
- 2008 **Departmental Travel Award**, University of Illinois Urbana-Champaign

Internal Awards cont.

2003 Academic Success Award, Purdue University

Press

2020 "Inside the Immune Response", featured article in *University of Memphis Magazine* (Fall 2020)

Teaching Experience

University of Memphis

Exercise, Sport, and Movement Science 4010/6010, Supplements/Food/Drugs Health [Online]

Course Designer and Instructor of Record (2 semesters)

Human Movement Science and Education 7010, Research Methods in Health Studies

Course Designer and Instructor of Record (3 semesters)

Health Sciences 4400, Statistics for Health Sciences [Online]

Course Designer and Instructor of Record (3 semesters)

Nutrition 7000, Sports Nutrition [Online]

Course Designer and Instructor of Record (4 semesters)

Nutrition 7100, Intro to Wet Lab Methods in Health Studies

Course Designer and Instructor of Record (1 semester)

Nutrition 7152, Problems in Nutrition

— Course Designer and Instructor of Record (1 semester)

University of Illinois at Urbana-Champaign

Kinesiology 494, Exercise and Disease

Course Designer and Instructor of Record (1 semester)

Kinesiology 150, Bioscience of Human Movement

Laboratory Instructor (2 semesters)

Kinesiology 352, Bioenergetics of Movement

Laboratory Instructor (6 semesters)

Mentorship

<u>Years</u>	Name and Program	<u>Role</u>	Present Position
Postdoctoral			
2019-2021	Russell Emmons, PhD Postdoctoral Fellow University of Memphis	Supervisor	Current
Graduate Chair			
2020-2022	Kierstin Davis M.S., Exercise Sport and Movement Science University of Memphis	Thesis Committee Chair	Current

<u>Years</u>	Name and Program	Role	Present Position
Graduate Chair co	nt.		
2020-2022	Alexandria Griffin M.S., Nutrition Science University of Memphis	Thesis Committee Chair	Current
2017-2020	Johnathan Yarbro M.S., Nutrition Science M.S., Bioinformatics University of Memphis	Thesis Committee Chair	Research Coordinator Makowski Lab UTHSC
Graduate Commit	tee		
2018-2020	Martina Faietti M.S., Nutrition Science University of Memphis	Thesis Committee Member	
2016-2018	Sunita Sharma M.S., Nutrition Science University of Memphis	Thesis Committee Member	Technician Trott Laboratory UT- Arlington
Clinical Nutrition Intern			
2019-2020	Christopher Branner M.S., Clinical Nutrition University of Memphis	Internship Supervisor	M.S. Student University of Memphis
2016-2017	Lindsey Hedrick M.S., Clinical Nutrition University of Memphis	Internship Supervisor	Dietician Mercy Hospital Rogers, AR
Undergraduate			
2019-2020	Ian Russell B.S., Biology University of Memphis	Undergraduate Research Supervisor	
2019-2020	Alexandria Griffin B.S., Health Sciences University of Memphis	Undergraduate Research Supervisor	M.S. Student University of Memphis

Service

University of Memphis – University

2020	Member, Animal Care Facility Planning Committee
2020	Member, Committee on STEM Research Space Renovations
2018-2022	Member, University of Memphis Research Council
2018-2020	Judge, University of Memphis Student Research Forum
2017-2022	Scientific Member, Institutional Animal Care and Use Committee

University of Memphis – College of Health Sciences

2019	Member, Search Committee for Research Assistant Professor of Nutrition
2019	Member, Search Committee for Clinical Assistant/Associate Professor of Nutrition

University of Memphis – College of Health Sciences cont.

2019	Reviewer, School of Health Studies Faculty Research Grants
2018	Chair, Search Committee for Assistant/Associate Professor of Nutrition
2018	Member, Search Committee for Research Assistant Professor in Nutrition
2017-2019	Member, Planning Committee for PhD Program in the School of Health Studies
2017	Member, Search Committee for Research Assistant Professor in Nutrition
2017	Reviewer, School of Health Studies Faculty Research Grants

University of Illinois at Urbana-Champaign

2015-2016	Judge, Nutrition Symposium Poster Presentations
2011-2012	Member, Search Committee for Associate/Full Professor in Exercise Physiology
2007-2008	Representative, Kinesiology Graduate Student Association

Gerontological Society of America

2017-2020 Abstract Reviewer, Gerontological Society of America Annual Meeting

American College of Sports Medicine

2020-2023	Member, ACSM Research Review Committee
2020	Ad Hoc Reviewer, ACSM Research Review Committee

Other External Service

2020	Ad Hoc Book Proposal Reviewer, CRC Press
2017	Judge, Emerging Leaders in Nutrition Science Competition, American Society for Nutrition
2017	Session Chair, National Conference on Undergraduate Research (four sessions)
2016-2018	Abstract Reviewer, American Society for Nutrition Annual Meeting
2016	Abstract Reviewer, National Conference on Undergraduate Research
2010	Session Chair, 3rd Annual Illinois Brain Behavior & Immunity Meeting
2009	Session Chair, 2nd Annual Illinois Brain Behavior & Immunity Meetings

Grant Review

2020	Early Career Reviewer, Innate Immunity and Inflammation (III) Study Section, NIH
2019-2021	Ad Hoc Reviewer, Discovery Grant Program, NSERC (Canada)
2019	Ad Hoc Reviewer, CAREER Application, National Science Foundation
2018	Ad Hoc Reviewer, E.W.R Steacie Memorial Fellowship Application, NSERC (Canada)
2017-2021	Reviewer, Fellowship Immunology Basic Science Study Section, American Heart Association

Editorial Board

2020-Pres	Associate Editor, Frontiers in Aging
2020-Pres	Associate Editor, Frontiers in Immunology
2020-Pres	Associate Editor, Frontiers in Nutrition
2018-Pres	Academic Editor, PLoS One
2017-2020	Review Editor, Frontiers in Immunology

Editorial Board cont.

2017-2020 **Review Editor**, Frontiers in Nutrition

Ad Hoc Manuscript Reviewer (54 distinct journals)

American Journal of Lifestyle Medicine American Journal of Physiology – Reg Int Comp Physiol

Antioxidants Biomolecules

BMC Geriatrics

BMJ Open Sport & Exercise Medicine

Brain Behavior and Immunity

Clinical and Translational Medicine

Clinical Interventions in Aging Communications Biology

Current Aging Science Current Molecular Pharmacology

Cytokine Diseases

FASEB Journal FEBS Open Bio

Free Radical Research Frontiers in Immunology
Frontiers in Microbiology Frontiers in Nutrition

Frontiers in Physiology GeroScience

Gut Microbes Immunotherapy

Int J of Environ Research and Public Health International Journal of Medical Sciences

International Journal of Sports Medicine International Wound Journal

iScience Journal of Cellular and Molecular Medicine

Journal of Clinical Medicine Journal of Heart Health

Journal of Immunological Sciences Journal of Inflammation Research

Journal of Leukocyte Biology Journal of Molecular Medicine

Marine Drugs Medicine and Science in Sports and Exercise

MethodsX Molecular Neurobiology

Molecules Nanomaterials

Nutrients Nutrition Research

Physiology and Behavior PLoS One

Rehabilitation Research and Practice Scientific Reports

Sports Toxins
US Respiratory & Pulmonary Diseases Vaccine

Vaccines Wound Repair and Regeneration

Current Professional Affiliations

2006 American College of Sports Medicine

2009 International Society for Exercise and Immunology

2017 Gerontological Society of America

2017 American Aging Association2017 American Heart Association